

The Timmins Good Food Box

The Timmins Good Food Box is a great way for you to purchase quality, fresh fruits and vegetables at a much lower price than you would normally pay.

You can buy a family size box for \$20 by making your payment before the **first Thursday of the month** at a site near you. On the **third Thursday of the month**, your box will be ready for you to pick up and enjoy!

For more information about the program call a location near you:

Timmins: Timmins Native Friendship Centre, Heather Murray, 268-6262 ext. 241

Timmins South: 169 Elm Street South, Debbie Lovelace, 268-6537 ext. 221

Schumacher: Leisure Services, Gaetane Bisson, McIntyre Arena, 360-2621

Melrose Area: Community Living, 268-8811

South Porcupine & East: Northern College, Kimberley Draves, 235-3211 ext. 2113



The benefits are endless...

- ✓ Ensures fresh fruits and vegetables are in your home
- ✓ Saves you money
- ✓ Gets you involved in your community
- ✓ Allows you to try new recipes
- ✓ Makes healthy eating easy!



Supported by:

