



TIMMINS CAMPUS ATHLETIC FACILITY
CONTACT US AT 705-235-7225

SPRING 2019 WELLNESS CENTRE SCHEDULE

EFFECTIVE March 26/19

7AM	Monday	Tuesday	Wednesday	Thursday	Friday	7AM			
7:30am						7:30am			
8:00am						8:00am			
8:30am	PR3053 (FULL Closure)					8:30am	Sat.		
9:00am						9:00am			
9:20am						9:20am			
9:30am		PF4083 (FULL Closure)	FF2013 (FULL Closure)			9:30am			
10:00am						10:00am			
10:20am						10:20am			
10:30am	PF4083 (FULL Closure)	now available				10:30am			
11:00am						11:00am			
11:20am						11:20am			
11:30am	now available	PR3053 (FULL Closure)				11:30am			
Noon						Noon			
12:20pm						12:20pm			
12:30pm			BN6003 (GYM)			12:30pm			
1:00pm						1:00pm			
1:20pm						1:20pm			
1:30pm	now available		Intramurals (gym)			1:30pm			
2:00pm						2:00pm			
2:20pm						2:20pm			
2:30pm		now available	PR3053 weighroom closed			2:30pm			
3:00pm						3:00pm			
3:20pm						3:20pm			
3:30pm						3:30pm			
4:00pm						4:00pm	closing		
4:30pm						4:30pm			
5:00pm						5:00pm			
5:30pm			Piloxing (gym)			5:30pm			
6:00pm						6:00pm			
6:30pm		Volleyball League (gym)				6:30pm			
7:00pm						7:00pm			
7:30pm				Indoor Soccer	Volleyball (half gym)		7:30pm		
8:00pm								8:00pm	
8:30pm								8:30pm	
9:00pm					9:00pm				
9:30pm					9:30pm				
10:00pm					10:00pm				

CLOSING:	9:45pm	9:45pm	9:45pm	9:45pm	9:45pm
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NOTE:

Schedule subject to change at the discretion of Management.

FULL indicates both gym and weighroom closed due to class.

GYM indicates only a class is occupying the gym floor area.

BE SURE TO CALL AND BOOK YOUR SQUASH COURT PERIOD.



<i>Sun.</i>

